



Lighthouse Low Vision Services



Lighthouse Low Vision Services offers programs at our Seattle location, to empower individuals affected by vision loss, so they may lead active and independent lives. Programs are available through home visits in the Puget Sound Region.

Independent Living and Safe Travel with Low Vision

Instructors come to your home and work with you to learn new ways to perform the tasks of everyday living: appliance use, medication management, telephone and time telling techniques, and reading and writing. Lighthouse Orientation and Mobility Instructors help you to achieve your travel goals, such as moving around your home and neighborhood safely and independently, in addition to traveling by bus or paratransit. We can help you learn new skills to successfully manage vision loss.

Call (206) 436-2154

OR

visit bit.ly/LighthouseLVS to submit a referral for a home visit or to receive education/resources.

If you are an eye care provider, visit bit.ly/LighthouseLVS

OR

fax (206) 420-0951 to submit a referral.



King County

Veterans, Seniors & Human Services Levy



The **Low Vision Store**, co-located within the clinic, provides individuals the opportunity to purchase equipment needed for activities of daily living.

To find Low Vision Store and Clinic hours of operation visit bit.ly/LVSHours or call (206) 436-2154.

Education and Resources

Lighthouse Low Vision Services provides resources and information to individuals affected by vision loss such as local support groups, government based programs and services, along with educational materials.

We also provide education on resources and safety upon request.

Low Vision Clinic and Store

The **Lighthouse Low Vision Clinic**, located in Seattle, offers functional vision assessments by our residency trained optometrist, along with rehabilitation training by our certified occupational therapist. Working collaboratively, the clinic team crafts individualized goals and finds ways to maximize your vision and function so you may perform daily living tasks. To be seen in the clinic you need a referral from an eye care provider with a copy of your most recent eye exam, updated glasses prescription, and medical insurance information.

