



Lighthouse Low Vision Services

The **Low Vision Store**, co-located within the clinic, provides individuals the opportunity to purchase equipment needed for activities of daily living.

To find Low Vision Store and Clinic hours of operation visit bit.ly/LVSHours or call: (206) 436-2229.



Visit bit.ly/LighthouseLVS to submit a referral for a home visit or to receive education/resources.

If you are an eye care provider, visit bit.ly/LighthouseLVS or Fax (206) 420-0951 to submit a referral.

Clinic Phone: (206) 436-2228



The Lighthouse for the Blind, Inc.

2501 S. Plum St. • Seattle WA, 98144



King County

Veterans, Seniors & Human Services Levy



The Lighthouse for the Blind, Inc.



Lighthouse Low Vision Services

offers programs at our Seattle location, to empower individuals affected by vision loss, so they may lead active and independent lives. Programs are available through home visits in the Puget Sound Region.

In our **Independent Living Program** and Safe Travel with Low Vision, instructors come to your home and work with you to learn new ways to perform the tasks of everyday living: appliance use, medication management, telephone and time telling techniques, and reading and writing. Lighthouse Orientation and Mobility Instructors help you to achieve your travel goals, such as moving around your home and neighborhood safely and independently, in addition to traveling by bus or paratransit. We can help you learn new skills to successfully manage vision loss.

INDEPENDENT LIVING PROGRAM

QUESTIONS, CALL (206) 436-2154



Lighthouse Low Vision Clinic

The **Lighthouse Low Vision Clinic**, located in Seattle, offers functional vision assessments by our residency trained optometrist, along with rehabilitation training by our certified occupational therapist. Working collaboratively, the clinic team crafts individualized goals and finds ways to maximize your vision and function so you may perform daily living tasks.

To be seen in the clinic you need:

- A referral from your eye care provider
- A copy of your most recent eye exam within the last 3-6 months
- A copy of your most recent glasses prescription (optional for in-person visit; required for telehealth appointment)
- Medical insurance information.

Education and Resources

The **Lighthouse Low Vision Services** provides resources and information to individuals affected by vision loss such as local support groups, government based programs and services, along with educational materials.